INTEREST INVENTORY

This worksheet will help you narrow down the type of organization/s you are interested in joining.

Part One: Time Commitment
When do you prefer to have class?
_____ Morning  _____ Afternoon  _____ Evening

What days of the week are you free in the evening for meetings?
_____ Monday  _____ Tuesday  _____ Wednesday  _____ Thursday  _____ Friday  _____ Saturday  _____ Sunday

Part Two: Type Preferences
Organization Categories – Circle three categories that appeal to you most.

Academic  Hobbies/Interests  Religious/Spiritual
Club Sports  Political  Service/Volunteer
Cultural  Recreational  Student Governance
Fine Arts

What interests you? List 3-5 things you think about a lot or like to do in your free time.

__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
What would you like to learn about? List 3-5 things you’ve always wanted to know or do.
__________________________________________________________________________  
__________________________________________________________________________
__________________________________________________________________________

In high school, I was involved in _______________________. (Complete the sentence with the following choices.)

Student Council  Sports
National Honor Society  Fine Arts (Theatre, Choir, Band, Art, etc)
Volunteer work


Please rate the following statements on a scale from 1-5 (1 being less important and being more important).

Faith is important to me. My religious beliefs are important to me.  1 2 3 4 5
I have strong political beliefs.  1 2 3 4 5
I enjoy learning about other cultures.  1 2 3 4 5
I have selected a major that I’m committed to.  1 2 3 4 5
I like to accomplish goals in a group.  1 2 3 4 5
I like having a close group of friends.  1 2 3 4 5
I need/want a creative outlet.  1 2 3 4 5
Academics are my highest priority.  1 2 3 4 5
Answer Guide

Part One:
Getting involved is just as much about when and how, as it is what. It is important that the organization/s you join fit into your preferences and schedule. Things to think about are what day and time the organization has meetings, what is the frequency of the meetings, and what are the responsibilities or time commitments outside of the meetings. Each of the organizations on our website (http://getinvolved.uky.edu/so/findorg) have meeting time and information listed.

Part Two:
Getting involved is an opportunity to connect with people that like to do similar things as you, but also exploring new things. Visit http://getinvolved.uky.edu/so/findorg. Our website has the categories listed for you to browse that you circled. You can also search any of the words you used to answer the fill in the blank questions in the ‘Search for Organizations’ bar at the top of the page.

Part Three:
Look back at the list of statements. Anytime you rated that statement a 4 or 5, it means it is important to you. These statements can become your expectations when joining an organization.

My religious beliefs are important to me. Browse orgs in the ‘religious/spiritual’ category
I have strong political beliefs. Browse orgs in the ‘political’ category
I enjoy learning about other cultures. Browse orgs in the ‘cultural’ category
I have selected a major that I’m committed to. Browse orgs in the ‘academic’ category
I like to accomplish goals in a group. Select an organization that is active in planning events, etc.
I like having a close group of friends. Find a small organization that has a social element.
I need/want a creative outlet. Browse orgs in the ‘fine arts’ or ‘hobbies/interest’ category
Academics are my highest priority. Browse orgs in the ‘academic’ category

How to Join OrgSync:
1) Go to www.OrgSync.com
2) Click ‘log-in’ on the top right of the screen.
3) Choose your community: Type/select University of Kentucky
4) Sign in with your LinkBlue username and password.
5) Create your profile.
6) You’re in! On the right side of the homepage, you will find university and organization events you can attend.
7) Click ‘Browse Organizations’ at the top of the homepage to see individual org pages

Getting involved requires you to attend an open meeting of an organization or at least make contact with them through their information on OrgSync. If you have completed this worksheet and still don’t know what to get involved in, or are having trouble joining an organization, please schedule an Involvement Advising session with the Leadership Exchange.